



# COUNTYWIDE FITNESS CHALLENGE 2012



A DAY OF FAMILY FUN

# CHILL OUT!

Join us for healthy walks and cooking demonstrations.

EVENT SPONSOR



PICNIC SHELTER

HEALTHY SNACKS

FREE GIVEAWAYS

DRAWING PRIZES

FITNESS POWER WALKS

8:15 a.m., 9:15 a.m., 10:15 a.m.

HEALTHY COOKING DEMOS

9:00 a.m., 10:00 a.m., 11:00 a.m.

**Burton Chace Park**

13650 Mindanao Way

Marina del Rey, CA 90292

4th Supervisorial District

**Saturday**

**September 29, 2012**

**8:00 a.m. – Noon**

RSVP to secure your giveaway at <http://dhr.lacounty.info>



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